



7 Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy mother of God, that we may be made worthy of the promises of Christ.

Let us pray. O God, whose only-begotten Son by his life, death and Resurrection, has purchased for us the rewards of eternal life; grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

1 Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2 Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

3 Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses; as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

4 Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women; and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

5 Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

6 Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy.

Praying the Rosary

A Guide for Intentional Devotion



The earliest form of the rosary developed when Pope Gregory the Great (590-604) popularized an earlier version of the Hail Mary prayer by asking it to be prayed on the fourth Sunday of Advent. Many individuals began praying the Hail Mary in a repetitive fashion using a string of beads to keep track of the prayers. The term "rosary" was finally given in 1597. For 320 years, from 1597 until 1917, the form of both the Hail Mary and the rosary remained the same.

On May 13, 1917, Mary appeared to three shepherd children in Fatima, Portugal. She told them to come back to that exact place on the 13th day of each month for the next six months. Mary promised she would appear to them each time and entrust a message to them.

Mary told the children to pray for world peace by reciting the rosary every day. On July 13, 1917, Mary asked the children to add a short prayer to the end of each decade of the rosary:

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy.

Today this is referred to as the Fatima prayer, and many Catholics incorporate it into the rosary as Mary requested.

The Rosary is like an ancient treasure map. It has led countless men and women from all walks of life to the treasures of peace, joy, clarity, and contentment. It settles our hearts and minds. It puts things in perspective and allows us to see things as they really are. It reaches deep down into our souls and puts us at ease.

If you're willing to give it a try and follow where it leads, you'll find the Rosary is a rich prayer that can transform your life. But, it won't happen overnight. It has to become a regular part of your prayer life. That doesn't necessarily mean you pray it every day. You might decide to pray it every Wednesday night, or every First Friday of the month. The important thing is to develop a habit of praying the rosary that works best for you.

St. Anthony Mary Claret once said, "When people love and recite the rosary they find it makes them better." Better ways of thinking, better habits, a better sense of yourself and everything God is calling you to be—are you ready for something better? Pray the rosary.

Mystery Name

Associated Virtue

Biblical Reference

Prayer Intention

The Annunciation

Fruit of Humility

Luke 1:26-38

For vocations to the priesthood and consecrated life.

Biblical References: <http://www.fatimacentennial.com/scriptural-rosary>
 Rosary Intentions: <https://catholicexchange.com/interceding-for-others-by-praying-the-rosary>
 Associated Virtues: <http://www.integratedcatholiclife.org/2011/05/mysteries-of-the-rosary-mysteries-in-the-bible/>
 Guide text coalesced from <https://dynamiccatholic.com/5-million-rosaries/>

JOYFUL MYSTERIES

Monday and Saturday

The Annunciation

Fruit of Humility

Luke 1:26-38

For vocations to the priesthood and consecrated life.

The Visitation

Fruit of Charity

Luke 1:39-56

That pregnant mothers will have a safe delivery. For all the sick and their caregivers.

The Birth of Jesus

Fruit of Poverty

Luke 2:1-14

For those struggling with infertility. For an end to abortion.

The Presentation

Fruit of Obedience

Luke 2:22-35

That families of recently baptized children will experience a re-awakening of their own faith & baptismal promises.

The Finding in the Temple

Fruit of Prudence

Luke 2:41-52

For those who are searching for God in their life, may they find the one who is the fulfillment of all their desires.

SORROWFUL MYSTERIES

Tuesday and Friday

The Agony in the Garden

Conformity to God's Will

Luke 22:44-46

For anyone making a tough decision, that they may pray as Christ did: not my will but yours be done.

The Scourging at the Pillar

Fruit of Modesty

Luke 23:13-25

For those who suffer injustice, especially at the hands of the government.

The Crowning with Thorns

Fruit of Moral Courage

Mark 15:16-20

For local, state, national, and world leaders.

The Carrying of the Cross

Fruit of Patience

Luke 23:26-32

For those suffering trials and difficulties whether it be health, faith, or any other trouble they may be facing.

The Crucifixion

Fruit of Perseverance

Luke 23:46

For the ability to forgive those who have wronged us.

GLORIOUS MYSTERIES

Wednesday and Sunday

The Resurrection

Fruit of Faith

Luke 24:36-48

For our loved ones who have died.

The Ascension

Fruit of Hope

Acts 1:6-11

That we might become disciples of the Lord and make disciples of all nations, starting first in our homes.

The Coming of the Spirit

Fruit of Wisdom

Acts 2:1-4

For a renewal of the Holy Spirit in my life and an outpouring of the Holy Spirit's gifts and fruits.

The Assumption

Eternal Happiness

Judith 15:9-10

For the grace of a happy and holy death.

The Coronation

Devotion to Mary

Revelation 12:1

For those who struggle with devotion to Mary and a deepening of Marian piety among the faithful.

LUMINOUS MYSTERIES

Thursday

The Baptism of Jesus

Fidelity to Baptismal Promises

Luke 3:15-22

For all children who recently experienced their re-birth at the font.

Wedding Feast at Cana

Faith in Mary's Intercession

John 2:5-7

For engaged and newly married couples. For couples who are going through a difficult time and contemplating divorce.

Proclaiming the Kingdom

Fruit of Repentance

Mark 1:14-18

For those who need to hear the good news of the gospel.

The Transfiguration

Fruit of Obedience

Luke 9:28-35

For your best friends.

Institution of the Eucharist

Love of the Eucharist

Matthew 26:26-30

For those away from the Sunday Eucharist. For children who are preparing to receive their First Holy Communion.